

**Puberty Blockers Poll
December 2025**

CLIENT:	Family First
POLL DATES:	Wednesday 03 December to Sunday 07 December 2025. The median response was collected on Thursday 04 December 2025.
TARGET POPULATION:	Adults aged 18+ who live in New Zealand and are eligible and likely to vote.
SAMPLE POPULATION:	Adults aged 18+ who live in New Zealand and are eligible and likely to vote, who are contactable on a landline or mobile phone or online panel.
SAMPLE SIZE:	1,000 respondents agreed to participate, 700 by phone and 300 by online panel.
SAMPLE SELECTION:	A random selection of 15,000 NZ phone numbers (landlines and mobiles) and a random selection from the target population from up to three global online panels (that comply with ESOMAR guidelines for online research). If the call is to a landline, the person who is home and next has a birthday is asked to take part. Those who take part through an online panel are excluded from further polls on the same topic for six months.
RESPONSE RATE:	Multiple call-backs occurred to maximise the response rate. excluded.
OMNIBUS STATUS:	The poll was part of a wider omnibus survey for multiple clients. The questions were asked in the order they are listed.
WEIGHTING:	The results are weighted to reflect the overall adult population in terms of gender, age, and area.
SAMPLE ERROR:	Based on this sample of 1,000 respondents, the maximum sampling error (for a result of 50%) is +/- 3.1%, at the 95% confidence level. Results for sub-groups such as age and area will have a much higher margin of error and not seen as precise.

The Government has announced that there will be a ban on new prescriptions of puberty blockers for young people with gender dysphoria or incongruence. Do you agree or disagree with this decision?

		Count	Col %
Ban on new prescriptions of puberty blockers for young people	Agree	509	50%
	Disagree	234	23%
	Unsure	274	27%
	Total	1017	100%

A majority of 50% support the ban, with only 23% opposed.

		Gender	
		Female	Male
		Col %	Col %
Ban on new prescriptions of puberty blockers for young people	Agree	46%	55%
	Disagree	25%	20%
	Unsure	29%	25%
	Total	100%	100%

		Age		
		18 - 39	40 - 59	60+
		Col %	Col %	Col %
Ban on new prescriptions of puberty blockers for young people	Agree	55%	45%	50%
	Disagree	21%	23%	26%
	Unsure	24%	32%	24%
	Total	100%	100%	100%

		Area					
		Akl Col %	Wgtn Col %	Chch Col %	Prov Cities Col %	Towns Col %	Rural Col %
Ban on new prescriptions of puberty blockers for young people	Agree	52%	40%	59%	48%	37%	67%
	Disagree	21%	36%	25%	29%	27%	5%
	Unsure	27%	24%	16%	23%	36%	28%
	Total	100%	100%	100%	100%	100%	100%

		Ethnicity				
		European Col %	Māori Col %	Pacific Col %	Asian Col %	Other Col %
Ban on new prescriptions of puberty blockers for young people	Agree	51%	56%	73%	37%	33%
	Disagree	25%	26%	10%	13%	10%
	Unsure	24%	18%	17%	50%	57%
	Total	100%	100%	100%	100%	100%

		Probed Party Vote						
		National Col %	Labour Col %	TPM Col %	ACT Col %	NZ First Col %	Greens Col %	Unsure Col %
Ban on new prescriptions of puberty blockers for young people	Agree	59%	35%	51%	78%	84%	29%	33%
	Disagree	15%	34%	33%	7%	8%	55%	11%
	Unsure	26%	31%	17%	15%	8%	15%	56%
	Total	100%	100%	100%	100%	100%	100%	100%

Net agreement for the ban, by party vote, is:

1. NZF +76%
2. ACT +71%
3. National +44%
4. Undecideds +22%
5. TPM +18%
6. Labour +1%
7. Greens -26%

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08 December 2025